**Print Bookmark Lists**

Word provides a very powerful bookmark facility that allows you to assign names to either individual positions in your document or to text selections. As you work more with Word, and particularly in long documents, it would be helpful to periodically print a list of bookmarks. Unfortunately, Word does not provide an automatic method of printing bookmarks, as it does with other document-related information. The quickest way to print a bookmark list is to just insert the list in your document and then print it. The following VBA macro inserts the bookmark list at the insertion point:

When you run the macro, a heading indicating the name of the file will be inserted, followed by each bookmark in the file. These will be in alphabetic order. The bookmark list has a column break before it and after it, as well. You can then print out the single page that contains the bookmark list. When you are done printing, you can delete the bookmark list.

Sub BkMarkList()
    Dim J As Integer

    Selection.TypeParagraph
    Selection.InsertBreak Type:=wdColumnBreak
    Selection.TypeText Text:="Bookmark list for "
    Selection.TypeText Text:=ActiveDocument.Name
    Selection.TypeParagraph
    For J = 1 To ActiveDocument.Bookmarks.Count
        With ActiveDocument.Bookmarks(J)
            If Left(.Name, 1) <> "\_" Then
                Selection.TypeText Text:=Chr(9)
                Selection.TypeText Text:=.Name
                ' \*\*\*\*\*\*\* the following line adds the bookmarked text \*\*\*\*\*\*\*
                Selection.TypeText Text:=" Text= " & .Range.Text
                Selection.TypeParagraph
            End If
        End With
    Next J
    Selection.InsertBreak Type:=wdColumnBreak
End Sub